

APRIL 2022

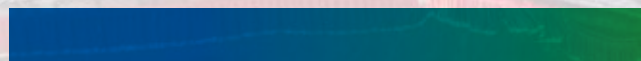


HEALTHY LIVING



# EARNING *Respect* THROUGH WELLTH!

**EPAL**



# Growing Globally

## Vision

To help people live a life of economic independence on their own terms.

## Mission

To grow to a global scale and become the benchmark in direct selling industry.





In its endeavour to provide the best quality of wellness products to consumers, Vestige introduces the premium healthcare category called Vestige Prime. The products under this category are truly outstanding and are specifically designed to provide optimum nutrition and wellness to the consumers and enable them to achieve a qualitatively superior health.



**VESTIGE**  
**PRIME**

## KRILL OIL\*

**SOURCE OF PHOSPHOLIPID,  
OMEGA – 3 WITH ASTAXANTHIN**


Antarctic Krill, which is the source of Krill Oil, is comprised of three major components - omega-3 fatty acids, primarily eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) attached to phospholipids and astaxanthin. Most of the omega-3 fatty acids in Krill Oil are attached to phospholipids, making them more bioavailable to the body, and allowing omega-3 to be easily absorbed by target organs such as the heart, brain and liver, where they exert their beneficial effects. Vestige Prime Krill Oil is extracted by a proprietary technology, called Multi Stage Oil extraction (MSO®) process, that assures high-quality oil which has superior stability, quality and organoleptic properties.

**Recommended Usage:** One to two capsules daily with food

**Net Content:** 30 capsules

**MRP** NPR 2335.00 incl. of all taxes



A full-page background image showing the silhouettes of two people jumping joyfully on a beach at sunset. The sun is low on the horizon, creating a bright orange and yellow glow that reflects on the wet sand. The sky is a mix of orange, yellow, and light blue. The people are in mid-air, with their arms and legs spread wide, suggesting a sense of freedom and happiness.

The stronger the  
foundation, the longer  
you live

## Health Care

Being healthy is important because it can help a person have a healthy heart, better muscles, stronger bones, a sense of well-being and a better social life. Eating right and correct exercising will lead to overall better health. When exercise and healthy eating are achieved on a daily basis, people tend to feel better about themselves. While the spectrum of health problems resulting from calorie-protein undernutrition is different from the "empty-calories" overfeeding, both can have devastating consequences on both quality of life and longevity.

So, Vestige brings a range of products to fulfil the daily gap of nutrition for an individual. The range consists of health supplements for healthy immunity, cardiovascular system, glycaemic health, detox and rejuvenation, women health, fitness and for healthy bones and joints.

This range of supplements from Vestige enables people to live a qualitatively better healthy life and step into the world of wellness.



IMMUNITY  
BOOST



## VESTIGE SPIRULINA<sup>^</sup>

Spirulina is a natural algae powder that is high in protein. It is a good source of antioxidants, Vitamin B-complex, vitamins and minerals. It is largely made up of protein and has high natural iron content. It is considered to be one of the richest sources of natural protein. It helps to strengthen the immune system and improves digestive health. It helps to enhance the body's natural cleansing and detoxification.

Each capsule contains:  
Spirulina (*Spirulina platensis*) 500 mg

|              |                                 |
|--------------|---------------------------------|
| Dosage:      | One or two capsules twice a day |
| Net Content: | 100 capsules                    |
| MRP          | NPR 625.00 incl. of all taxes   |

Warning: Accidental overdose of Iron containing products is a leading cause of fatal poisoning in children under 6 years of age. In case of accidental overdose, call a health practitioner.

## VESTIGE ALOE VERA<sup>^</sup>

Aloe Vera is a plant with proven rejuvenating, healing and soothing properties. It contains more than 20 essential amino acids and vital minerals such as calcium, magnesium, and sodium. It also contains enzymes, vitamins, polysaccharides, nitrogen and other components. It aids in proper digestion. It is useful in the cases of constipation, acidity and liver weakness. It helps treat skin disorders and is suitable for hair related problems.

Each capsule contains:  
Aloe Vera Extract (*Aloe barbadensis*) 500 mg

|              |  |
|--------------|--|
| Dosage:      | One or two capsules twice a day or as advised by a physician |
| Net Content: | 60 capsules  |
| MRP          | NPR 490.00 incl. of all taxes                                |





## VESTIGE NONI<sup>^</sup>

A tropical evergreen tree native to Southeast Asia, Noni or *Morinda citrifolia* is a rich source of protein, carbohydrates, and high concentration of phytonutrients, vitamins, and minerals. It supports overall health and well-being. It contains Xeronine, which enables enlargement of pores in the walls of the human cells and help nutrients to enter them and thereby increases the absorption of nutrients. *Morinda citrifolia* helps to strengthen the immune system as it contains a number of essential vitamins and minerals. People suffering from respiratory problems may benefit from its consumption. It helps to prevent various skin and hair issues. It also helps to promote a healthy digestive system.

Each capsule contains:  
*Morinda citrifolia* (Achuka) Extract 500 mg

|              |  |
|--------------|--|
| Dosage:      | One or two capsules twice a day atleast half an hour before meal |
| Net Content: | 90 capsules  |
| MRP          | NPR 890.00 incl. of all taxes                                    |

Warning: As Noni is a rich source of potassium, it is contraindicated in case of chronic renal insufficiency.

## VESTIGE COLOSTRUM<sup>^</sup>

Colostrum, known as the first milk after delivery, is a mammary secretion produced by bovine animals. It is collected within the first six hours after a calf's birth. Colostrum is a rich natural source of immunoglobulin that helps in strengthening the immune system and provides protection against various diseases. Colostrum is a rich source of nutrients, antibodies, and growth factors. It is a complete formula of essential vitamins, minerals, essential fatty acids, and amino acids required for the optimal functioning of the body and maintaining overall health. The immune factors and antibodies in Colostrum also help to fight viral infections, allergens, and toxins that harm the body.

Each 404 mg capsule contains:  
Colostrum (Gau Piyush) 400 mg  
Sodium Benzoate 4 mg

|              |                                 |
|--------------|---------------------------------|
| Dosage:      | Two capsules twice daily        |
| Indication:  | Immunity booster and balvardhak |
| Net Content: | 60 capsules                     |
| MRP          | NPR 1155.00 incl. of all taxes  |





## VESTIGE FLAX OIL<sup>^</sup>

Flaxseed oil is a rich source of the essential fatty acids such as alpha-linolenic acid (ALA), Omega-3 and Omega-6. Omega-3 fatty acids are good fats that are healthy for the heart. It is also a rich source of Vitamin E, which is a powerful antioxidant required for maintaining the integrity of cell membranes. Flaxseed helps maintain a healthy cholesterol level and aids in regulating high blood pressure.

Each soft gelatin capsule contains:  
Flaxseed Oil (Linseed Oil) 500 mg

|              |                                      |
|--------------|--------------------------------------|
| Dosage:      | One capsule thrice a day after meals |
| Net Content: | 90 capsules                          |
| MRP          | NPR 910.00 incl. of all taxes        |

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.

## VESTIGE L-ARGININE<sup>\*</sup>

L-Arginine is an amino acid; it is a complete food, as a nutraceutical supplement that includes a perfect combination of L-Arginine, antioxidants and vitamins to maximise the effect on overall health. It offers great taste, multiple health benefits and powerful support for the cardiovascular system. L-Arginine helps in wound healing and also helps the kidneys remove waste products from the body.

|                    |   |
|--------------------|---|
| Recommended Usage: | One sachet to be dissolved in 200 ml water or juice |
| Net Content:       | 15 sachets x 10 g = 150 g                           |
| MRP                | NPR 2555.00 incl. of all taxes                      |

Caution: Vestige L-Arginine should be avoided by people with asthma and herpes virus. Pregnant, nursing women and people with a history of cardiac attack should consult their physician before consuming this product.





## VESTIGE NEEM^

Neem or Azadirachta indica has antibacterial, antifungal and blood purifying properties. Neem is useful in treating and preventing skin disorders and keeping your skin healthy and glowing. Neem helps to reduce blood sugar, which makes it especially useful for people suffering from diabetes.

Each soft gelatin capsule contains:  
Neem Seed Oil (Azadirachta indica) 0.25 ml

|              |                                      |
|--------------|--------------------------------------|
| Dosage:      | One capsule thrice a day after meals |
| Net Content: | 100 capsules                         |
| MRP          | NPR 610.00 incl. of all taxes        |

Caution: This product should be taken only on the advice of health practitioner during or after pregnancy.

## VESTIGE PROTEIN POWDER\*

A low-fat soy and milk protein food supplement that provides the body with all the essential amino acids. It is soluble, easy to digest protein powder, and is quickly absorbed into the body. It contains bioactive isoflavones, which help in regulating blood cholesterol and boost immunity. It is especially beneficial for people involved in sports, weight watchers and for general wellness.

One tablespoon (10 g) of Vestige Protein Powder provides 8.2 g of protein with all essential amino acids

|                    |   |
|--------------------|---|
| Recommended Usage: | One tablespoon (10 g) of Vestige Protein Powder in a glass of milk, juice, soup or water. Shake well in a jar or container. Consume twice a day |
| Net Content:       | 200 g   |
| MRP                | NPR 1210.00 incl. of all taxes  |





## VESTIGE GLUCOSAMINE\*

Glucosamine is a natural compound and a normal constituent of glycosaminoglycans. It is found in healthy cartilage and synovial fluid. Glucosamine helps lubricate joints and supports healthy cartilage. It helps to promote cartilage regeneration and stimulates synovial fluid production.

Each tablet contains:  
Glucosamine HCl 450 mg (Containing Chondroitin)

Recommended Usage: Two tablets twice daily after meals

Net Content: 60 tablets  
MRP NPR 928.00 incl. of all taxes

## VESTIGE GANODERMA^

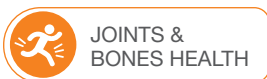
Ganoderma lucidum is a type of mushroom that contains effective antioxidants, which help in strengthening the immune system and detoxifying the body. It has stress-relieving properties that refresh the body and calm the nerves. It promotes stamina and endurance to fight fatigue and illnesses. It also helps to improve blood circulation and energises the body. As a detoxifier, it helps to eliminate toxins from the body accumulated through the intake of various medications and helps to maintain the body balance. It also helps to maintain stability and ensure a balance between internal and external body conditions. Ganoderma enhances the overall wellness of the human body as it is a rich source of essential vitamins and nutrients.

Each capsule contains:  
Ganoderma Lucidum Extract Powder (Chatrakh) 425 mg

Dosage: One capsule thrice a day  
Net Content: 90 capsules  
MRP NPR 1395.00 incl. of all taxes

Caution: This product should be taken only on the advice of a health practitioner during or after pregnancy.





## VESTIGE CALCIUM\*\*

Calcium carbonate is a supplement used when the amount of calcium consumed in the diet is not adequate for the body. Calcium carbonate helps in building and maintaining strong and healthy bones. It is also useful in preventing dental problems. Along with Vitamin D3, it helps to increase bone density and is beneficial for older men and women. Calcium carbonate reduces the risk of osteoporosis and is particularly useful for children and women.

Each tablet contains: Calcium Carbonate 625 mg  
(Equivalent to elemental calcium 250 mg) and Vitamin D3 250 IU

Recommended Usage: Adults - Two tablets per day after meals  
Net Content: 100 tablets  
MRP: NPR 445.00 incl. of all taxes

| Recommended adequate intake of Calcium# |                  |                       |
|---|------------------|-----------------------|
| Age (Male & Female)                     | Calcium (mg/day) | Pregnancy & Lactation |
| 4-12 years                              | 500              | NA                    |
| 13-18 years                             | 1300             | 1300                  |
| 19-50 years                             | 1000             | 1000                  |
| 51+ years                               | 1200             | NA                    |



\*Nutrient Requirements and Recommended Dietary Allowances for Indians. A Report of the Expert Group of the Indian Council of Medical Research, 2009





## VESTIGE FIBRE\*

Vestige Fibre is a special blend of 3 soluble fibres, Chicory root extract, Maltodextrin and Guar Gum. Soluble fibres attract water and form a gel, which slows down digestion giving a full feeling for long. Chicory root extract contains inulin which is the main source of fibre. It is a low calorie yet high fibre root extract that adds to the daily requirement of fibre to maintain digestive health. Inulin is prebiotic, which supports the presence of beneficial bacteria in the digestive system.

A spoon (5 g) of Vestige Dietary Fibre  
contains 4 g of soluble fibre

**Recommended Usage:** Adults & children (12 years & above)  
One teaspoon per day and gradually  
increase fibre intake

**Net Content:** 200 g

**MRP** NPR 1480.00 incl. of all taxes

Caution: Not recommended for infants and children below the age of 5 years and for pregnant and lactating women

## VESTIGE DETOX FOOT PATCHES

Detox Foot Patches helps you regain health and vitality by helping the body eliminate toxins through a natural process. It works on the principle of reflexology, which is based on the concept that areas on the foot correspond to different areas of the body and that manipulating these may improve health. These patches are 100% natural, safe, easy to use and provide rapid detoxification.

**Net Content:** 10 patches

**MRP** NPR 2635.00 incl. of all taxes

Note: Drink plenty of water to assist complete detoxification





## VESTIGE EYE SUPPORT\*

Vestige Eye Support has Marigold and Bilberry extracts, which are beneficial for eye health. These extracts are rich in Lutein, which helps in improving the eyesight, night vision and prevent eye irritation. It also helps to prevent eye disorders like macular degeneration, eye inflammation and other retina related complications.

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|                    |                                |
|--------------------|--------------------------------|
| Recommended Usage: | Two capsules daily with meals  |
| Net Content:       | 30 capsules                    |
| MRP                | NPR 1100.00 incl. of all taxes |

## VESTIGE COLLAGEN\*

Collagen is the major structural protein in healthy joints and the most abundant protein found in the human body, that maintains strength and flexibility throughout the body. As we age, collagen depletion in the body can lead to wrinkles on skin, brittle bones and accelerates the degeneration of joint cartilage. Vestige Collagen with Rosehip extract and Vitamin C helps to replenish the body with vital collagen and helps in maintenance of healthy tissues. It is shown to support joint comfort, flexibility and cartilage health. It helps in reduction of inflammation, eases pain in people with stiff and immobile joints, especially in conditions like osteoarthritis.

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|                    |  |
|--------------------|--|
| Recommended Usage: | One sachet to be dissolved in 100 ml water. Use twice a day. |
| Net Content:       | 10 sachets x 7.5 g = 75 g                                    |
| MRP                | NPR 1120.00 incl. of all taxes                               |





## VESTIGE COENZYME Q10\*

Coenzyme Q10 is a natural anti-oxidant synthesised in the body. Coenzyme Q10 is a vitamin-like substance that is essential for energy production in the body. It acts as an antioxidant, helps support the heart and protects it from the harmful free radicals. It boosts energy and helps support the immune system. It helps protect the heart, kidney, and muscles.

Each soft gelatin capsule contains:  
Coenzyme Q10 (Kaneka) 100 mg

Recommended Usage: One or two capsules daily after meals  
Net Content: 30 capsules  
MRP NPR 1700.00 incl. of all taxes

| Essential Parameters of Health* |                   |                        |
|---------------------------------|-------------------|------------------------|
|                                 | Desirable         | High                   |
| Blood Pressure                  | 120/80 mmHg       | 140/90 mmHg and higher |
| Total Cholesterol               | 200 mg/dl or less | 240 mg/dl and above    |
| Fasting Blood Sugar             | 100 mg/dl or less | 126 mg/dl and above    |
| BMI                             | 18.5-24.9         | 30 and above           |

\*Source: Indian Heart Association



# A guide to conscious diet

## Health Food

Health is a holistic concept of wellness, implying physical, mental and emotional well-being. To maintain a healthy life, a proper nutritious diet has to be followed. A perfect health is 70% of your food pattern and 30% workout. A healthy food enhances your immunity and boosts your metabolism, which prevents the risk of unwanted and excessive fats from harming you.

Vestige brings you a variety of health food what happens to be indispensable to your culinary, and becomes a regular companion of your morning newspaper and evening table gossip; a catalyst of your charming physical health and muscles. Besides offering food for your body, Vestige takes great pride and delight in offering food for your mind.





## LITE HOUSE RICE BRAN OIL

A nutritious edible oil produced from the oily layer of brown rice. It is physically refined through a patented process without using any harsh chemicals to retain Oryzanol content. International research reports indicate many health benefits of Oryzanol.

|              |                               |
|--------------|-------------------------------|
| Net Content: | 2 L                           |
| MRP          | NPR 890.00 incl. of all taxes |



## NUTRITIONAL PROTEIN POWDER\*

It is a low-fat milk and whey protein food supplement. It is enriched with DHA - an important essential fatty acid that is crucial for the brain's functioning and recommended for children in their growing years. Besides vital amino acids, it contains vitamins and minerals to provide the body with essential nutrients.

**Recommended Usage:** Two tablespoons (30g) of Invigo Nutritional Protein Powder provide 5 g of protein along with vitamins and minerals.

|              |                                |
|--------------|--------------------------------|
| Net Content: | 200 g                          |
| MRP          | NPR 1020.00 incl. of all taxes |





## Zeta COFFEE

Zeta Coffee is a premium blend of carefully selected Robusta and Arabica coffee beans that brings an intense aroma and rich full-bodied flavour in your mug, which revives and refreshes you with every sip.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 50 g                          |
| MRP          | NPR 295.00 incl. of all taxes |





## Zeta PREMIUM NEPAL TEA

Zeta Tea from Vestige is a select, exquisite blend of pure Assam tea, whose red liquor and intense aroma will delight and refresh your senses. It is also rich in natural antioxidants (flavonoids) to protect the cells and tissues in your body.

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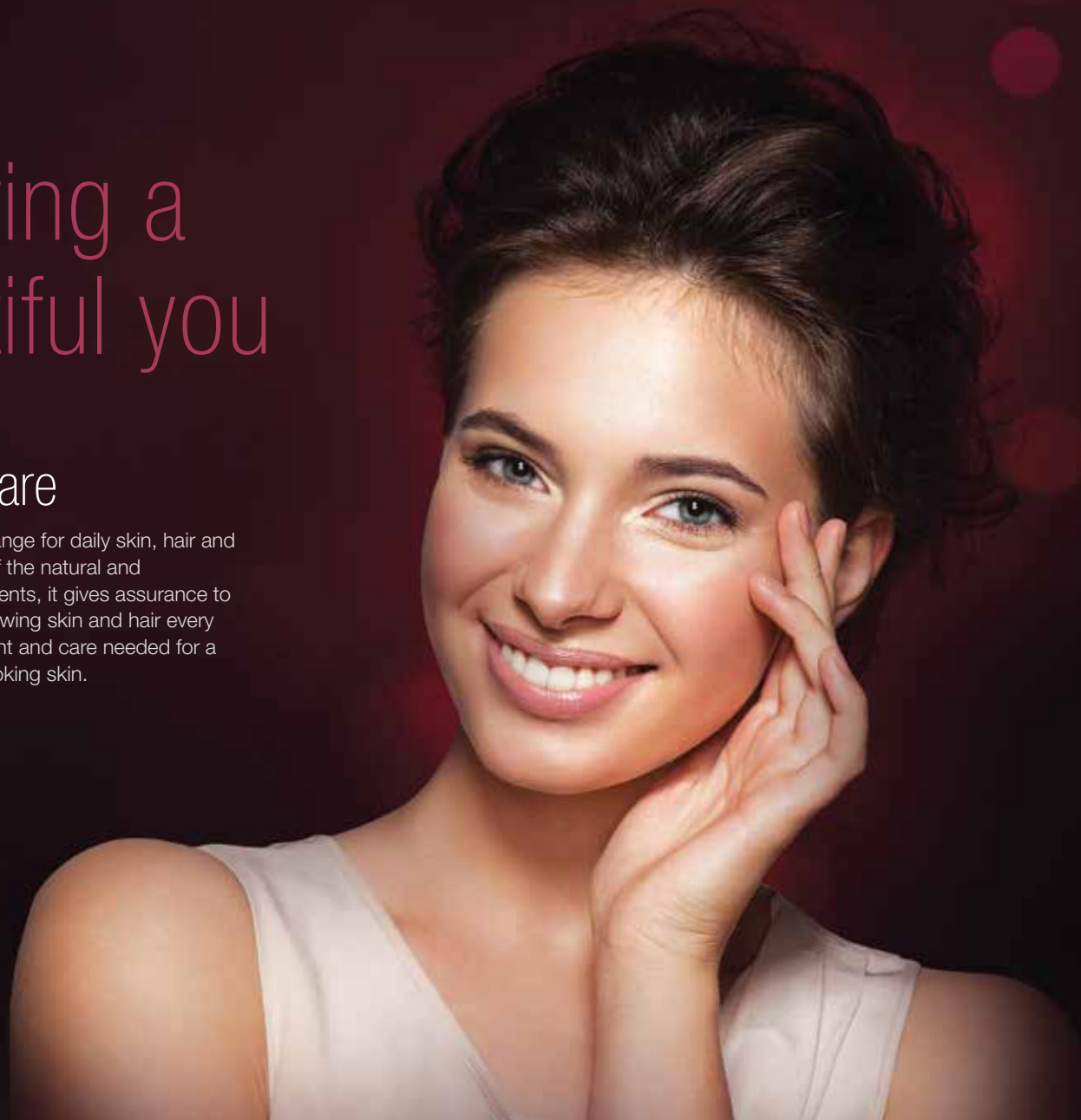
|              |                               |
|--------------|-------------------------------|
| Net Content: | 250 g                         |
| MRP          | NPR 265.00 incl. of all taxes |



# Assuring a beautiful you

## Personal Care

Assure is a complete range for daily skin, hair and body care. With best of the natural and well-researched ingredients, it gives assurance to provide healthy and glowing skin and hair every day. It gives nourishment and care needed for a radiant and younger looking skin.





## ASSURE ANTI-AGEING NIGHT CREAM

(Serum based cream enriched with Grape stem cells that restore wrinkled & sagging skin)

A revitalising night cream that helps in repairing daily skin damage, lighten fine lines and wrinkles while you sleep. It boosts skin hydration, restores firmness and evens out imperfections. It is enriched with anti-ageing ingredients that rejuvenate cells and strengthen the natural defence of the skin.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 60 g                          |
| MRP          | NPR 415.00 incl. of all taxes |

## ASSURE COMPLETE FAIRNESS CREAM

Effectively improves skin complexion and makes it look radiant with continuous use. This cream is infused with a unique whitening complex that gives a natural glow to the skin and helps to lighten dark spots. It gets absorbed easily to give an even-toned and fairer skin.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 50 g                          |
| MRP          | NPR 325.00 incl. of all taxes |





## ASSURE EXFOLIATING FACE SCRUB

A gentle and creamy facial scrub with natural scrub particles that exfoliate dead skin cells to reveal a brighter, clearer and smoother complexion. It effectively clears clogged pores without excessively drying out the skin or disturbing the natural moisture balance.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 60 g                          |
| MRP          | NPR 515.00 incl. of all taxes |

## ASSURE CLARIFYING FACE WASH

(Enriched with Carrot and Neem Seed Oil Beads, releases the oils on application with water)

It is a gentle yet effective face cleanser that helps to clear the skin without over-drying. It is enriched with carrot and neem seed oil beads that help to prevent breakouts. It washes away excess oil making the skin feel fresh, clean and radiant.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 60 g                          |
| MRP          | NPR 290.00 incl. of all taxes |





## ASSURE BB CREAM SPF 30+

An all-in-one beauty solution for common skin problems like uneven skin tone, pimple marks, rough and dull complexion. Blends perfectly with all skin tones and gives a natural and healthy glow.

- Brightens complexion
- Evens skin tone
- SPF 30+ & PA++ protection
- Reduces fine lines
- Instantly covers dark spots
- Luminous makeup finish

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Net Content: 30 g  
MRP NPR 705.00 incl. of all taxes

## ASSURE SUN DEFENSE SPF 30+

A daily sun care cream that protects against harmful UVA and UVB rays that cause skin tanning, sunburns, and premature ageing.

- Extra protection from UV damage
- Prevents skin tanning
- Protects the skin from dark spots, freckles, sun spots and sunburn

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Net Content: 60 g  
MRP NPR 435.00 incl. of all taxes





## ASSURE PURIFYING CLEANSER + TONER

Effectively cleanses away impurities, makeup, and excess oil without drying out the skin. Its deep cleansing action unclogs pores, removes blackheads and pollutants from the skin. It also tones the skin and makes it look radiant and firm.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 250 ml                        |
| MRP          | NPR 530.00 incl. of all taxes |

## ASSURE DAILY MOISTURISER

(Enriched with Mango Butter, Sunflower & Olive Oil)

This moisturiser nourishes the skin from deep within leaving it soft, smooth and supple. It has a lightweight and non-greasy formula that easily absorbs into the skin and gives the skin a healthy glow. Perfect all-day moisturiser for silky soft skin.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 250 ml                        |
| MRP          | NPR 485.00 incl. of all taxes |





## ASSURE INSTANT GLOW FACE PACK

(Enriched with natural oil absorbing Fuller's Earth & Kaolin Clay)

Assure Instant Glow Face Pack is a unique combination of natural ingredients that helps to clarify skin from deep within. Enriched with natural clays that cleanse the impurities of the skin from within to reveal a natural glow.

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Net Content: 60 g  
MRP NPR 300.00 incl. of all taxes

## ASSURE FACIAL MASSAGE CREAM

(Enriched with natural oils of Olive, Almond & Sunflower)

A pampering and nourishing facial massage cream enriched with natural oils that help to hydrate and give smooth and youthful resilience to the skin. Continuous use helps to improve moisture content and texture of the skin.

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Net Content: 60 g  
MRP NPR 435.00 incl. of all taxes





## ASSURE BODY WASH

A nourishing and deep cleansing body wash perfect for everyday use. Enriched with skin benefiting vitamins, antioxidants and conditioners that lock essential moisture in the skin. Its unique formula with luscious fragrance and indulgent lather provides you with replenishing care.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 150 ml                        |
| MRP          | NPR 475.00 incl. of all taxes |

## ASSURE COCOA & PEACH BODY BUTTER

A luxurious body butter, which provides deep moisturising and hydration to the skin all day. It is enriched with skin nourishing shea butter that provides intensive moisture to the dryness-prone skin. The soothing extract of peach is a rich source of skin-nourishing vitamins and minerals with a sweet fruity scent.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 200 g                         |
| MRP          | NPR 855.00 incl. of all taxes |





## ASSURE FOOT CREAM

Nourishes and softens dry and rough feet preventing cracks and skin irritations. Enriched with witch hazel extract and effective skin emollients that hydrate the skin and lock moisture for a longer time. It soothes tired feet and gives protection from dryness and cracks.

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Net Content: 50 g  
MRP NPR 272.00 incl. of all taxes

## ASSURE HAND & BODY LOTION

Rebalances the essential moisture and glow of the skin. It maintains the skin elasticity by making it soft and supple. It deeply nourishes the skin and helps restore skin's natural oils. The soft and flowery scent invigorates the senses and keeps the skin nourished all day long.

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Net Content: 250 ml  
MRP NPR 430.00 incl. of all taxes





## ASSURE SOAP

This soap is a unique blend of Neem, Tulsi, and Pudina. It protects the skin without drying it out. It also disinfects and refreshes the skin leaving it fresh and rejuvenated.

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|              |                              |
|--------------|------------------------------|
| Net Content: | 100 g                        |
| MRP          | NPR 72.00 incl. of all taxes |

## ASSURE COMPLEXION BAR

Assure Complexion Bar is a nourishing and moisturising bathing bar that cleanses the skin leaving it clean, soft and supple. It is enriched with brightening extracts of Kesar, Olive and Honey that enhance the complexion.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 75 g                          |
| MRP          | NPR 110.00 incl. of all taxes |





## ASSURE SHAVING CREAM

Experience a luxuriously rich lather, an easy glide, and a comfortable close shave with Assure Shaving Cream. Its rich creamy lather softens the tough beard for an easy and smooth shave, leaves the skin smooth and moisturised with a light masculine fragrance for all day freshness.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 100 g                         |
| MRP          | NPR 200.00 incl. of all taxes |

## ASSURE HAND WASH

Gentle & Effective Cleansing Care

New improved Assure Hand Wash gives the hands a gentle care with mild yet effective cleansing agents. It is enriched with Neem and Aloe Vera extracts that moisturise and provide gentle protection without drying out the skin. The refreshing fragrance keeps the hands fresh for long.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 250 ml                        |
| MRP          | NPR 240.00 incl. of all taxes |





## ASSURE DEEP CLEANSE SHAMPOO

Effectively rinses away dirt and impurities. It gives the required amount of moisture to the hair leaving them healthy and supple. It helps to manage excessive oil secretion from the scalp and leaves the hair fresh and bouncy.

Net Content: 200 ml  
MRP NPR 335.00 incl. of all taxes

## ASSURE HAIR OIL

It provides nourishment to the hair from the roots to the tips. Its special non-greasy formula helps to prevent hair loss and controls dandruff. It also helps in reducing premature greying, improves the hair texture, and adds lustre.

Net Content: 200 ml  
MRP NPR 295.00 incl. of all taxes





## ASSURE MOISTURE RICH SHAMPOO

Specially formulated for dry and damaged hair, it gently cleanses the hair making it manageable and smooth. This shampoo is enriched with milk protein that hydrates dry hair and makes them soft and shiny. Green tea extract nourishes the hair and strengthens it from the root to tip.

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Net Content: 200 ml  
MRP NPR 335.00 incl. of all taxes

## ASSURE DAILY CARE SHAMPOO

This shampoo is enriched with avocado oil and rosemary extracts that help to manage moisture levels of the hair without stripping off its natural oils. It adds extra bounce to the hair and it is mild enough for everyday use. The regular usage of this shampoo will make the hair glossy, smooth, and healthy.

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Net Content: 200 ml  
MRP NPR 335.00 incl. of all taxes





## ASSURE ARCTIC PERFUME SPRAY

A no-gas perfume spray with a sturdy cool fragrance that goes perfectly well during your summer outings or winter parties. The refreshing fragrance rejuvenates your spirit and keeps you ahead of others.

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Net Content: 100 ml  
MRP NPR 528.00 incl. of all taxes

## ASSURE ACTIVE

Assure Active for men is an invigorating, refreshing fragrance with natural extracts that provides powerful odour protection all day long.

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Net Content: 150 ml  
MRP NPR 334.00 incl. of all taxes





FOR  
HER



## ASSURE PULSE PERFUME SPRAY

A no-gas perfume spray that has an intensely alluring fragrance to make you feel special throughout the day. It is your best companion for all weathers and invigorates your mind and soul when applied.

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Net Content: 100 ml  
MRP NPR 528.00 incl. of all taxes

## ASSURE RAPTURE

Assure Rapture for women has a refreshing fragrance that protects against body odour and makes you feel fresh, active and energetic all day long.

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Net Content: 125 ml  
MRP NPR 333.00 incl. of all taxes





## ASSURE CHARISMA PERFUME SPRAY

The timeless classic sweet and subtle fragrance for the trendy and unique you. An ideal wear that keeps you smelling great all day long and effortlessly brings out the charm factor in you. Make everyone turn around with this magical fragrance.

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Net Content: 18 ml  
MRP NPR 165.00 incl. of all taxes

## ASSURE AURA PERFUME SPRAY

A no-gas perfume spray with a tantalising fragrance that makes your mood positive and revives your spirit. It lets you be who you are and truly impresses everyone around you with your own aura.

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Net Content: 100 ml  
MRP NPR 530.00 incl. of all taxes





## ASSURE BLOSSOM PERFUME SPRAY

Let the floral fragrance mark your day with confidence. Its sparkling floral note with a blend of jasmine keeps you natural and refreshed all day long. Stay ahead of all with this mesmerising floral aura.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 18 ml                         |
| MRP          | NPR 165.00 incl. of all taxes |

## ASSURE CAPTIVE PERFUME SPRAY

Your pocket-friendly secret of being desirable anytime, anywhere. It offers a captivating and long-lasting fragrance with bursts of cologne to keep you energised and active during all your daily activities.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 18 ml                         |
| MRP          | NPR 165.00 incl. of all taxes |





## ASSURE ENCHANT BODY TALC

Assure Enchant Body Talc has a refreshing fragrance of exotic flowers. It keeps body odour away and makes you feel fresh and vibrant all day long.

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Net Content: 100 g  
MRP NPR 100.00 incl. of all taxes

## ASSURE FORCE FRESH BODY TALC

A rejuvenating musky fragrance that refreshes the mind and energises the body. Its unique formula keeps you fresh and active throughout the day.

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Net Content: 100 g  
MRP NPR 105.00 incl. of all taxes



A woman with long, wavy brown hair is shown in profile, looking down. She is wearing a crown made of white daisies with yellow centers. She is dressed in a white, long-sleeved blouse. She is standing in a field of white daisies under a clear blue sky. The lighting is bright and natural, suggesting a sunny day.

Because you  
are the  
hallmark of  
cleanliness  
& good  
health

## Women Hygiene

A modern woman deals with a lot of challenges and stress in her regular course of life, at work and at home. Cleanliness and tenderness are basic feminine characteristics, which she not only practises, but also inspires the world to practice. In her pursuit of achieving success in life, she must also take care of herself in more ways than one. Intimate hygiene is one of the core areas of self-care that she must focus upon to stay healthy and free from worries.

In its pursuit of empowering modern women with good health and a better quality of life, Vestige is introducing its Women's Hygiene brand - DewGarden. Under it, Vestige will bring truly remarkable products that not only care for women's hygiene needs in multiple ways, but also add to her confidence, inner beauty and feminine tenderness through an uncompromising combination of hygiene and self-care.



## DewGarden SANITARY NAPKIN

DewGarden Sanitary Napkin is an eight-layered napkin embedded with anti-bacterial, Graphene-Anion chip and Far Infrared Ray (FIR) function. This combination helps in inhibiting the reproduction of bacteria and the production of foul smell. Its 100% cotton top layer keeps you comfortable and confident for longer hours.

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| Net Content: | 10 N                          |
| MRP          | NPR 520.00 incl. of all taxes |



# Complete dental hygiene for you

## Oral Care

A smile can win the world for you. Oral health is an important part of your well-being, it requires an equal care and importance to enhance your health in totality. Poor oral hygiene leads to several dental problems, which leaves people in agony and creates a negative impression about them. But no worries, Vestige comes to your rescue. It brings you an innovative oral care range that helps you fight germs and dental cavities. Our oral care products enhance your gum health and brim you with the confidence to smile.





## dentASSURE MOUTHWASH

Dentassure Mouthwash helps to maintain healthy gums and protects against plaque formation. It has a refreshing mint flavour which provides long-lasting fresh breath and helps to eliminate germs responsible for bad breath. It also maintains the aesthetics and health of teeth.

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|              |                               |
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| Net Content: | 250 ml                        |
| MRP          | NPR 360.00 incl. of all taxes |

## dentASSURE TOOTHPASTE

A unique formula that comes with the dual protection of Neem and Clove. It fights germs and dental cavities. It supports gum health and contains calcium that strengthens teeth.

Use it daily for fresh breath and sparkling teeth.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 100 g                         |
| MRP          | NPR 110.00 incl. of all taxes |





**dent**ASSURE

## WHITENING TOOTHPASTE

Gently polishes the teeth, removes surface stains, such as those caused by drinking coffee or smoking and helps retain natural whiteness of the teeth. It has a cool mint flavour that gives long-lasting fresh breath and keeps your mouth fresh and clean for all day long.

|              |                               |
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| Net Content: | 90 g                          |
| MRP          | NPR 228.00 incl. of all taxes |

**dent**ASSURE

## MULTI-ACTION TOOTHBRUSH

The new Dentassure Multi-Action Toothbrush with 100% DuPont bristles provides superior all-round cleaning of the entire mouth. It has rounded bristles with extended tip for cleaning hard to reach places, a moulded tongue cleaner to help freshen up the breath and a gentle gum massager. Its sturdy grip and flexible neck allow easy navigation that helps to clean the mouth completely.

|              |                               |
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| Net Content: | Set of 4 toothbrushes         |
| MRP          | NPR 416.00 incl. of all taxes |





## dentASSURE GANO TOOTHPASTE

Dentassure Gano Toothpaste is a healthy toothpaste that is powered by the king of all mushrooms – Ganoderma. It is a unique product that helps to refresh the mouth and has anti-bacterial property. It also helps in gaining fresh breath and in whitening the teeth.

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|              |                               |
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| Net Content: | 100 g                         |
| MRP          | NPR 312.00 incl. of all taxes |





# A home that defines you

## Home Care

A clean and hygienic house leads to a healthy life. Cleanliness, proper hygiene and sanitation ought to be inculcated in us in order to prevent the spread of diseases. Remember, your house leaves an impression of you and your lifestyle on others. Vestige has come up with the motive to keep your home clean and stain-free. From sparkling clean utensils to the lucent shining glass windows and floors, our products give complete protection from germs and purify the air within the house.



## HyVest ULTRA SCRUB

DISHWASHING LIQUID  
(With **Ultra Degrease Formula**)

Ultra Scrub Dishwashing Liquid is a concentrated formula for cleaning dishes and utensils. It possesses superior oil and grease removal properties that help in cleaning dishes easily without being harsh on hands. It effectively removes stubborn grease from utensils leaving them shining like new.

**Use on:** Stainless steel & aluminium utensils, non-stick cookware, glassware, bone china, melamine, ceramic crockery and others

- High degreasing strength
- Cuts through toughest grease and oil residue
- Removes food smell
- Leaves utensils sparkling clean

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Net Content: 500 ml

MRP NPR 366.00 incl. of all taxes



## Hyvest ULTRA WASH

LIQUID LAUNDRY DETERGENT  
(Pro-Enzyme Antibacterial Formula)

Ultra Wash Liquid Laundry Detergent is a concentrated antibacterial formula with active enzyme technology that is tough on stains and gentle on hands. Its superior cleaning properties effectively remove dirt, grime and odour from clothes. This gentle and antibacterial detergent leaves the fabric soft and germ-free, which makes it safe even for baby clothes. Effective for both machine and hand wash it leaves the clothes shining like new with long-lasting fragrance. It brightens up the whites and does not fade coloured clothes.

**Use on:** All types of clothes including, cotton, synthetics, chiffons, georgette, jeans, sheets, quilts etc.  
(Not recommended for use on wool and silk)

- Powerful enzymatic cleaning action on tough stains
- Protects and leaves the fabric soft
- Requires less water
- Enriched with antibacterial Neem extract

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|              |                               |
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| Net Content: | 500 ml                        |
| MRP          | NPR 667.00 incl. of all taxes |



## HyVest ULTRA SHINE

GLASS AND HOUSEHOLD CLEANER  
(Concentrated Sanitizer)

Ultra Shine Glass and Household Cleaner is a concentrated liquid that gives powerful cleaning performance, removes dust and lint leaving the surface sparkling clean. Effectively removes stains and fingerprints without leaving any harmful residue. Concentrated formula gives an economical cost per usage at 1:2 dilution ratio with water. Enriched with extra shine promoters for superior performance. Does not contain any toxic volatile substances and is safe to use.

**Use on:** Glass, mirrors, laminated furniture, TV, electronic appliances surface, fridge doors, microwave doors, kitchen appliances and cabinets etc.

- With powerful shine promoters
- No oil residue
- Removes static charge
- Soft on hands

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| Net Content: | 500 ml                        |
| MRP          | NPR 410.00 incl. of all taxes |



## Hyvest ULTRA SWAB

FLOOR CLEANING SOLUTION  
(Powerful **Anti-microbial Action**)

Ultra Swab Floor Cleaning Solution is a concentrated formula for daily cleaning and mopping. Its unique formula gives total germ protection by killing 99.9% of germs, including bacteria, virus and fungus, on floors and surfaces. It effectively removes tough stains, dirt and grime from all kinds of household surfaces and leaves the mopped area refreshingly clean with its long-lasting fragrance.

**Use on:** All kind of floors and surfaces - marble, mosaic, wooden, granite, ceramic, kitchen countertops, tiles, bathroom floors etc.

- Unique formulation kills 99.9% germs
- Removes tough stains
- Easily cuts through dirt and grime
- Refreshing and lasting flowery fragrance

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Net Content: 500 ml

MRP NPR 420.00 incl. of all taxes

Application and Cost per usage:

| APPLICATION   | AMOUNT  | COST PER USAGE | NO. OF USAGE PER BOTTLE |
|---|---|----------------|-------------------------|
| Mopping home floors (marble, ceramic, granite, tiles, etc.) | 2 spoons (10 ml) or 1/2 cap in 1/4 bucket (4L) of water | NPR 4.30*      | 50 days of cleaning     |

\*Cost as per MRP



## Hyvest ULTRA MATIC

DETERGENT POWDER  
(With **Oxygen** Power)

Hyvest Ultra Matic detergent powder provides superior cleaning and its stain-removing property keeps the clothes bright and fresh for long. It has optical brighteners for white and coloured clothes that give a new life to the clothes after every wash. It is enriched with enzymes that help to remove tough food stains along with a long-lasting and refreshing floral fragrance.

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|              |                               |
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| Net Content: | 500 g                         |
| MRP          | NPR 272.00 incl. of all taxes |



## Hyvest ULTRA GUARD

DISINFECTANT TOILET CLEANER  
(Cleans and Disinfects Powerfully)

Hyvest Ultra Guard is an advanced thick formula that powerfully cleans and disinfects the toilet. It effectively dissolves toughest stains, lime scale build-up and residues, leaving behind a sparkling clean bathroom with a refreshing fragrance. Regular use of Ultra Guard prevents the build-up of stains in the toilet bowl and keeps it visibly clean with effective germ removal.

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|              |                               |
|--------------|-------------------------------|
| Net Content: | 500 ml                        |
| MRP          | NPR 223.00 incl. of all taxes |



# Get the essence of a true man



**TRUMAN**  
P O U R   H O M M E

Truman is a comprehensive premium and exclusive range of men's grooming products for skin, hair and personal care. It celebrates the best of manhood that is also where its name comes from. Truman is proudly masculine, tough and yet suave; sexy as well as chivalrous. Truman's identity is a unique blend of nobility, tough masculinity, timeless elegance and modernity. Truman is the ultimate symbol of the well-groomed man, one of the keys to success in life.



## TRUMAN BATHING BAR

Especially formulated for men's skin, glycerin-based transparent bar for invigorating freshness all day long. Enriched with essential oils, aloe vera and Vitamin E that nourish the skin for smooth and fresh feel.

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|              |                               |
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| Net Content: | 125 g                         |
| MRP          | NPR 223.00 incl. of all taxes |

## TRUMAN DEODORANT

A refreshing masculine fragrance that rejuvenates your body with the ultimate freshness and signature of true manhood.

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|              |                               |
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| Net Content: | 150 ml                        |
| MRP          | NPR 445.00 incl. of all taxes |



# Beauty demands a little magic every day.

## Mistral of Milan

She holds a mystery in her eyes and a secret in her heart. She is fierce. She is strong. She is Mistral, the wind of change that cuts through the clouds and brings freshness all around. We salute the woman of today and bring for her the ultimate accessory to her beauty - Mistral of Milan, a complete range of premium quality colour cosmetics, that lets her be anything she wants to be. **So go ahead and celebrate life with some colour!**

All our products are:....





read my  
lips

#### CRÈME MATTE LIPSTICK

- Enriched with SPF 15 • Full coverage • Long stay
- Deeply moisturising

Available in 10 classic shades that never go out of style.

Net Wt.: 4.2 g | MRP NPR 666.00 incl. of all taxes

#### LONG WEAR LIQUID LIPSTICK

- Intense colour • Velvet matte finish • Ultra long-lasting
- Available in 24 luxurious shades.

Net Vol.: 6 ml | MRP NPR 1033.00 incl. of all taxes

#### SILK SHINE LIP GLOSS

- Brilliant shine • Lightweight texture • Silky soft feel
- Available in 15 scintillating shades from subtle to bold.

Net Vol.: 6 ml | MRP NPR 566.00 incl. of all taxes



Let the eyes do the  
talking

### EYESHADOW TRIO

- Smooth soft texture
- Rich colour
- Luminous finish

Available in five perfect trios.

Net Wt.: 3.6 g | MRP NPR 978.00 incl. of all taxes

### SHOWTIME MASCARA

- Volumising
- High definition
- Waterproof
- Long-lasting

Net Vol.: 8 ml | MRP NPR 1022.00 incl. of all taxes

### SHOWTIME WATERPROOF LIQUID EYELINER

- Waterproof
- Smudge-resistant
- Rich matte black

Net Vol.: 3 ml | MRP NPR 605.00 incl. of all taxes

for a  
picture perfect  
face

### PERFECT BLEND LIQUID FOUNDATION

- Luminous matte finish • Full coverage
- Super-hydrating • With SPF 30 • Anti-ageing ingredients

Net Vol.: 30 ml | MRP NPR 875.00 incl. of all taxes

### MAKEUP PRO FIX LOOSE POWDER

- Pearly finish • Perfect radiance •
- Feathery feel • Skin perfection matte finish

Net Wt.: 6 g | MRP NPR 978.00 incl. of all taxes

### SILK GLOW BLUSH

- Soft satin finish • Vivid colours • Long lasting wear

Net Wt.: 4.5 g | MRP NPR 790.00 incl. of all taxes

### TRUE LOOK COMPACT POWDER

- Silky-matte • Ultra-lightweight

Available in two classic shades that never go out of style.

Net Wt.: 9 g | MRP NPR 672.00 incl. of all taxes





**HEALTHY LIVING**

**HEALTHY LIVING NEPAL PVT. LTD.**

WARD NO. - 9, METROPOLITAN CITY, KATHMANDU, NEPAL

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